



Women in Leadership
NEXUS

Stop Networking; Seek Championship

What if how we typically form relationships — centered around like-mindedness, executive peer circles, industry likeness, geographic closeness, age proximity, etc. — is simply designed to uphold archaic, outdated models? What if how we form relationships is fundamentally wrong?

Championship is the relationship archetype we should seek.

Relationships rooted in equality, circularity, reciprocity, whole-self authenticity, and partnership, Championship is a new-age approach to relationship-forming that frees us from constricting old models and paves the way open for limitless personal and professional growth.

WHAT'S YOUR APPROACH TO CHAMPIONSHIP?

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PART 1:

Self Reflection & Introspection

What have the past 6 months revealed about how you want to form relationships? Where does Championship sit as a value? Do you wish to change its place?

What is holding you back with how you form Championship — ageism, title, industry, sameness, geography? How can you overcome this?

What is your definition of Championship? Or, how do you wish to define Championship?



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PART 2: Deeper Dive

How does Championship show up in your life? Detail a story about how your Champions helped you overcome and/or successfully achieve something.

Gut-check: do you have a Champion Circle. If not, how can you build one? List those in your Circle below and the role they play in cheering you on.

Do others view you as a Champion? If yes, why. If not, how could you start to become a Champion (who do you wish would consider you a Champion)?

What are you working towards professionally or personally? How could Championship help you get there?



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PART 3: Bonus Questions

If we can look at the 5 people we spend the most time with and can see our future, where are you headed? Do you want to change your 5?

What are you doing weekly and monthly to ensure you are cultivating new, important relationships?

Stop, start, stay: Write down one thing you want to stop doing that is no longer serving you in terms of how you form relationships; one thing to start to strengthen your approach to Championship; and one thing to keep doing as you approach building community.